

**Spirit of the Games, Inspiration through Sport**



**DETERMINATION**

- Never giving up on myself or my team
- Always trying my best no matter what I am doing
- Trying again if something goes wrong

**HONESTY**

- Always telling the truth
- Never cheating
- Admitting when I am wrong



**PASSION**

- Being positive and enjoying the game/activity
- Trying my best
- Keep trying if I don't get something right

**RESPECT**

- Being polite, not shouting or losing my temper
- Shaking hands with other players and thanking them for the game
- Listening to the coach /teacher



**SELF-BELIEF**

- Being brave, taking on new challenges
- Being confident
- Trying new sports or activities

**TEAMWORK**

- Working with my team, not being selfish
- Letting everyone have a go, sharing the equipment and giving everyone a chance
- Showing team spirit—encouraging my team mates and saying well done

